

Saturday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	HRS DECADES – Songs from every decade
11.00am *	SATURDAYS WITH MATT GILES A great music mix, requests, and some interactive fun!
2.00pm	HRS JUKEBOX
3.00pm	ROCK AND ROLL HOUR
4.00pm	NEW DECADES 2000s
5.00pm	CARL RICHARDS with 70s No.1's.
6.00pm	THE HRS PLAY
7.00pm	AFTER HOURS SHOW Relaxing pop music to help you unwind.
8.00pm	THE MUSICALS HOUR.
9.00pm	CLASSICAL HOUR
10.00pm	NIGHT MOODS taking you through the night.

Sunday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	SUNDAY MORNING WAKE UP CALL with Jase Everett.
11.00am	ON THE SUNNY SIDE OF THE STREET with Ken Anton.
12 noon	THE MIDDAY MIX.
1.00pm	NEW MUSICALS HOUR.
2.00pm *	SUNDAY AFTERNOON REQUESTS with Colin Smith.
4.00pm	COUNTRY MILE - Modern country twang, independent, and bluegrass with Dave Watkins.
5.00pm	CLASSIC COUNTRY with Tony Crooke.
6.00pm	THE HRS PLAY.
7.00pm	SIMPLY SUNDAY easing you into a new week.
8.00PM	TRUE COLOURS
9.00pm	CLASSICAL HOUR
10.00pm	NIGHT MOODS taking you through the night.

**Request your favourite
song or music track**

Tel. 01785 223456

**Text or WhatsApp
07895 877189**

Listen Live

SCAN ME



AUTUMN PROGRAMME SCHEDULE

6 September 2026– 13 December 2026

Monday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	HRS DECADES – Songs from every decade
11.00am	HRS JUKEBOX
12 noon *	No 1's THROUGH THE DECADES Tina and Alan Tomlinson look at No.1's from a month gone by from 1970 to 2000.
2.00pm *	MONDAY AFTERNOON requests with Colin Smith.
4.00pm	MY FAVOURITE SONG Celebrities sharing their favourite music and well wishes.
5.00pm	90's Replays
6.00pm	THE HRS PLAY
7.00pm	NEW DECADE 2000s
8.00pm *	INTO THE NIGHT Ben Hodgson playing your requests and those long-forgotten album tracks.
10.00pm	NIGHT MOODS taking you through the night.

Tuesday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	HRS DECADES – Songs from every decade.
11.00am *	TUESDAY REQUESTS from County Hospital with Colin Smith.
1.00pm *	ONLY ON TUESDAY requests and entertainment with DJ Stiggy.
3.00pm	HRS JUKEBOX
5.00pm	SOUNDS OF THE 60s
6.00pm *	THE TUESDAY CHECK-IN with Bobby Lee. High tempo, upbeat, dance-a-thon.
8.00pm	ELECTRIC CITY SHOW Synth pop and sounds of the new romantics.
10.00pm	NIGHT MOODS taking you through the night.

Wednesday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	HRS DECADES – Songs from every decade
11.00am *	GOOD VIBRATIONS and morning requests with Oliver Dickie.
1.00pm *	HERE, THERE AND EVERYWHERE with Heather Edwards.
3.00pm *	WEDNESDAY LIVE with your requests presented by Keith and Lynn.
5.00pm	SOUNDS OF THE 70s
6.00pm *	FROM NASHVILLE TO HOLLYWOOD - country music, musicals, films & tv with DJ Stiggy
8.00pm *	STAGE AND SCREEN Request your favourite songs from stage shows and the big screen, with Adam Spindler.
10.00pm	NIGHT MOODS taking you through the night.

Thursday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX
10.00am	HRS DECADES – Songs from every decade
11.00am	A KICK UP THE 80s
12 noon *	THE VINYL COUNTDOWN Alan Tomlinson visits our Singles collection.
2.00pm *	GUESS THE YEAR/SPECIAL OCCASIONS with DJ Stiggy.
4.00pm	ON THE SUNNY SIDE OF THE STREET with Ken Anton.
5.00pm	THE ROCK AND ROLL HOUR
6.00pm	THE HRS PLAY.
7.00pm	THE MUSICALS HOUR.
8.00pm *	SOUL SERENADE and your Thursday requests with John Jinks.
10.00pm	NIGHT MOODS taking you through the night.

Volunteers run Hospital Radio Stafford entirely. If you would like to join us, help with a donation, or find out more about what we do:

- * Call us on 01785 223456
- * Text or WhatsApp 07895 877189
- * Email secretary@hrstafford.org.uk,
- * Visit our website www.hrstafford.org.uk
- * View our Facebook page: www.facebook.com/hrstafford
- * Listen Live at: <http://hrstafford.org.uk/listen-live>

Friday

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX
10.00am	HRS DECADES – Songs from every decade
11.00am	ART & ALL THAT JAZZ with Armand Chatfield
12 noon	THE MIDDAY MIX.
1.00pm	BACK IN TIME TO THE 1950s
2.00pm *	THE STEAK & KIDNEY CLUB with Colin Smith. Entertainment and requests from the Renal Dialysis Unit, County Hospital.
4.00pm *	HEY, IT'S SHANNON with her favourites from the 80's and 90's.
6.00pm	THE HRS PLAY
7.00pm	SOUNDS OF THE 70s
8.00pm	2020's VIBES Hits from a new generation.
9.00pm	PUMP UP THE 90s – Hits, quizzes, and Celebrity interviews with Geoff Dorsett
10.00pm	NIGHT MOODS taking you through the night.

**Hospital Radio Stafford, Rear Lodge, Knight Avenue,
STAFFORD. ST16 3QA
*HRS – 'Your Voice of a Friend'***

**Request your favourite song or music track to be played
on Hospital Radio Stafford:**

Telephone: 01785 223456

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HRS is a Registered Charity (No. 504126).

* Denotes a 'Live' Programme.

Updated 4.9.26.