

### Saturday

- 7.00am THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
- 9.00am \* THE SUPER SATURDAY 'LIVE' SHOW with Robert Lewis
- 11.00am \* SATURDAYS WITH MATT GILES A great music mix, requests and some interactive fun !
- 2.00pm SIESTA TIME
- 3.00pm \* SATURDAY SPORT AND YOUR REQUESTS with Colin Smith
- 5.00pm CARL RICHARDS with 70's No.1's.
- 6.00pm HRS PRESENTS.
- 7.00pm THE MUSIC BOX with Terry Clasper.
- 8.00pm THE MUSICALS HOUR.
- 9.00pm THE BEST OF BRITISH CLASSICAL with Peter Grogan.
- 10.00pm NIGHT MOODS taking you through the night.

### Sunday

- 7.00am THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
- 9.00am \* SUNDAY MORNING WAKE UP CALL with Jase Everett.
- 11.00am ON THE SUNNY SIDE OF THE STREET with Ken Anton.
- 12 noon THE MIDDAY MIX.
- 1.00pm DEE'S DIARIES Dee Richardson provides Sunday humour.
- 2.00pm TIME AFTER TIME Ken Anton presents pairs of songs – a cover version followed by the original. Can you identify both versions?
- 3.00pm SIMPLY SUNDAY easing you into a new week.
- 5.00pm THE MUSIC MARATHON.
- 6.00pm THE SUNDAY PLAY.
- 7.00pm \* STAGE AND SCREEN request your favourite songs from stage shows and the big screen, with Adam Spindler.
- 9.00pm THE BEST OF BRITISH CLASSICAL with Peter Grogan.
- 10.00pm NIGHT MOODS taking you through the night.

**Request your favourite  
song or music track  
Tel. 01785 223456  
Text or WhatsApp  
07596 496025**

Listen 'live'

SCAN ME



## Hospital Radio Stafford



### SPRING PROGRAMME SCHEDULE

18 March 2024 – 16 June 2024

### Monday

- 7.00am THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
- 9.00am THE MORNING MIX
- 10.00am DECADES
- 11.00am \* REELING IN THE YEARS with Adam Croucher.
- 1.00pm \* THE DECADES SHOW Alan and Tina Tomlinson play music from the last seven decades.
- 3.00pm TRUE COLOURS with Heather Edwards.
- 4.00pm HRS JUKEBOX.
- 5.00pm SOUNDS OF THE 60s
- 6.00pm A KICK UP THE 80s
- 7.00pm \* MEAKIN'S MONDAY MIX with Richard Meakin.
- 8.00pm TIME AFTER TIME with Ken Anton.
- 9.00pm ON THE SUNNY SIDE OF THE STREET with Ken Anton.
- 10.00pm NIGHT MOODS taking you through the night.

### Tuesday

- 7.00am THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
- 9.00am THE MORNING MIX.
- 10.00am DECADES.
- 11.00am SOLID GOLD 70's.
- 12 noon THE MIDDAY MIX.
- 1.00pm \* ONLY ON A TUESDAY requests with DJ Stiggy and Colin Smith.
- 3.00pm \* CLASSIC INSTRUMENTALS and requests from County Hospital with Colin Smith.
- 5.00pm CARL RICHARDS with No.1's from the 80's or 90's.
- 6.00pm HRS JUKE BOX.
- 7.00pm \* ART & ALL THAT JAZZ Art Field presents nostalgic Jazz and Blues.
- 8.00pm \* INTO THE NIGHT Ben Hodgson playing your requests and those long forgotten album tracks.
- 10.00pm NIGHT MOODS taking you through the night.

**Wednesday**

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	DECADES.
11.00am	* ON THIS DAY IN... with Colin Smith
1.00pm	* HERE, THERE AND EVERYWHERE with Heather Edwards.
3.00pm	* WEDNESDAY LIVE with your requests presented by Keith and Lynn.
5.00pm	THE MID WEEK PLAY
6.00pm	HRS PRESENTS
7.00pm	* A LITTLE BIT OF EVERYTHING including your requests with Josh Thompson.
9.00pm	ON THE SUNNYSIDE OF THE STREET with Ken Anton.
10.00pm	NIGHT MOODS taking you through the night.

**Thursday**

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX
10.00am	DECADES
11.00am	A NEW DECADE Music from the 2000's.
12 noon	* THE VINYL COUNTDOWN Alan Tomlinson visits our Singles collection.
2.00pm	* GUESS THE YEAR with DJ Stiggy.
4.00pm	SOUNDS OF THE 60s
5.00pm	CARL RICHARDS No.1s from the 1980 and 1990s
6.00pm	MOTOWN MAGIC
7.00pm	THE MUSICALS HOUR
8.00pm	* SOUL SERENADE and your Thursday requests with John Jinks
10.00pm	NIGHT MOODS taking you through the night.

**Hospital Radio Stafford is staffed entirely by volunteers. If you would like to join us, or make a donation, or find out more about what we do, call us on 01785 223456, email [secretary@hrstafford.org.uk](mailto:secretary@hrstafford.org.uk), visit our website [www.hrstafford.org.uk](http://www.hrstafford.org.uk) or follow us on:**

**[www.facebook.com/hrstafford](http://www.facebook.com/hrstafford)**

**Listen Live at : <http://hrstafford.org.uk/listen-live>**

**Friday**

7.00am	THE HRS GOLDEN BREAKFAST Start the day with a Staffordshire Breakfast.
9.00am	THE MORNING MIX.
10.00am	DECADES.
11.00am	HRS JUKEBOX
12 noon	* YOU GOT IT ! presented by Adam Croucher
2.00pm	* YOUR CHOICE, MY CHOICE Colin Smith plays your requests and some of his personal choices.
4.00pm	HRS JUKEBOX
5.00pm	THE MUSIC MARATHON
6.00pm	CARL RICHARDS with No.1s from the 80's or 90's.
7.00pm	A NEW DECADE
8.00pm	SOLID GOLD 70s
9.00pm	ON THE SUNNY SIDE OF THE STREET with Ken Anton.
10.00pm	NIGHT MOODS taking you through the night.

**Hospital Radio Stafford, Rear Lodge, Knight Avenue,  
STAFFORD. ST16 3QA**

**HRS – ‘Your Voice of a Friend’**

**Request your favourite song or music track to be played  
on Hospital Radio Stafford.**

**Telephone : 01785 223456**

**Text or WhatsApp : 07596 496025**

HRS is a Registered Charity (No. 504126).

\* Denotes a ‘Live’ Programme during which you may call and request a favourite song or music track.